

# **A Complete Course in Magick**

**By Kuriakos**

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# Table of Contents

## Introduction

I. What is Magick?.....8
II. How to get into a Trance.....10
III. How to open up your Chakras.....12
IV. How to Work with Energy Daily.....16
V. Opening up your Clairvoyance.....19
VI. Opening up your Clairaudience.....21
VII. Opening up your Clairsentience.....23
VIII. Opening up your Claircognance.....25
IX. Opening up your Psychometry.....27
X. Opening up your Remote Viewing.....28
XI. How to Give a Psychic Reading.....30
XII. Psychic Shielding and Protection.....31
XIII. How to Heal with your Psychic Gifts.....32
XIV. How to See an Aura.....33
XV. How to Appear Invisible.....34
XVI. How to stand out in a Crowd.....35

XVII. Dreams and Visions.....36
XVIII. How to do Telepathy.....37
XIX. How to do Channeling.....38
XX. Evocation.....39
XXI. Invocation.....41
XXII. How to do Automatic Writing.....42
XXIII. Low Magick.....43
XXIV. High Magick.....44
XXV. The Fitchel Wand.....45
XXVI. Joining a Magick Group.....47
XXVII. What it takes to be a Great Magician.....48
XXVIII. The Book of Shadows.....50

## **Caveat**

This text deals with astral and physical forces that can be dangerous if misused or used carelessly. It is important that the reader know his or her own physical, emotional, and psychological limits before undertaking the studies within this book. The exercises herein and techniques discussed are not to be used in lieu of the services of trained and qualified professionals such as physicians or psychologists. The reader is responsible, in every way, for his or her actions involved in using the rituals in this book and the author, publisher and the distributor of this text are not responsible for any undesirable outcomes from the use of this book.

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## Introduction

This book, A Complete Course in Magick, will show anyone how to get on to their Magickal path quickly. This book shows you how to quickly improve your psychic abilities, how to do Magick and see visible results and many more things as well! This book is a doers manual and is broken down into very fast and easy exercises to see instant results and is designed for anyone from beginner to advanced. All the exercises are based on twenty years of experience and thousands of Magickal operations and are very easy and very effective as well. Start with the first exercise and complete all the exercises until you reach the end of the book and you will be a very focused person who can achieve powerful Magick anytime and anywhere you go.

## I. What is Magick?

Magick is the art of working with energy. Either sending out energy to get your requests of more money, health etc. answered as in spells or rituals or to sense energy coming in through your psychic senses of feeling, knowing, seeing or hearing. Magick can easily be seen or felt in your life through paying attention to the things or signs that happen in your life. If you are looking for love and you do a ritual or spell for love and then at work there is new person who just got hired and is introduced to you, then this is a sign. Every person you talk to, every place you go, everything you do is a sign for one thing or another so pay attention to these things in your life as these are doors opening in your world. In order to send out stronger Magick you need to be able to focus your attention. Being unfocused is like trying to talk on the phone when your reading a newspaper and being focused is like talking on the phone and focusing all your energy on the conversation. This may sound easy to do

but it's what the yogis have talked about for thousands of years in mediation as something mankind has a very difficult time doing. Keeping the chatter mind or conscious mind quiet for even a few minutes and focusing takes lots of practice but will produce powerful Magickal results in your life.

## II. How to get into a Trance

For thousands of years many people have been trying to figure out how to get into the mental state needed to communicate with spirits. The yogis talked about this for meditation and many prophets as well. Today we know as a fact that when the brain slows down it puts us into this quiet state called a trance. In normal waking day to day life you are in a beta brain wave state and when your brain slows down further it is an alpha brain wave state and then delta which is sleeping. You will know you are in an alpha brain wave state because your chatter day to day mind will instead be silent. The easiest way to get into a trance state is to simple count down from 1 to 30 as you imagine yourself walking down some steps or going down in an elevator. Once you are in the trance state then say to yourself “I am now in a deep trance state” and then decide on a finger or hand movement that works best for you. For example you can cross the first two fingers on each hand. Then say “every time I do this hand gesture I

will be in a deep trance.” So now every time you want to go into a trance you can simply cross your fingers or use that hand gesture and you will be immediately in a deep trance instantly without having to count down to thirty. This is called a “trigger trance”.

### III. How to Open up your Chakras

The word chakra is Sanskrit for disc or wheel and represents 7 energy centers in the body. By opening up the 7 chakras allows for easier communication with the astral plane or spirit world as well as to greatly improve the flow of energy throughout your body which improves your health and problems in your life. Here is the exercise

1. Close your eyes and take a few deep breaths
2. Visualize the color for that chakra swirling around in a clockwise movement around that particular chakra area to open the chakra up. You will feel a difference when this happens and will feel better or clearer.
3. Do #1 and #2 for each chakra listed below

## **1<sup>st</sup> Chakra: The Root Chakra**

Location: at the base of the spine

Color: red

Purpose: it represents the earth element or physical plane and connects us to survival and our instincts. This chakra brings us health, money, security and physical identity.

## **#2. The Base Chakra**

Location: lower back and sex organs

Color: orange

Purpose: it represents the water element or emotion. It connects to our feelings, desire and movement

This chakra brings us emotion, sexual fulfillment and the ability to accept change.

### **#3 The Solar Plexus Chakra**

Location: the stomach area

Color: yellow

Purpose: it represents the fire element and it rules our will and decisions and brings us energy and power in our lives.

### **#4 The Heart Chakra**

Location: the heart

Color: green

Purpose: it represents the air element or ideas. It allows us to love and feel centered in our lives.

### **5<sup>th</sup> The Throat Chakra**

Location: the throat area

Color: blue

Purpose: it represents communication and expression.

## **6<sup>th</sup> The 3<sup>rd</sup> Eye Chakra**

Location: in the middle of the forehead

Color: purple

Purpose: it represents seeing physically and psychically and brings us visions and connection to the universe

## **7<sup>th</sup> The Crown Chakra**

Location: the top of the head

Color: pink

Purpose: this represents consciousness, pure awareness and knowledge coming from the universe.

## IV. How to Work with Energy Daily

The best way to work daily with energy is to do the Lesser Banishing Ritual of the Pentagram. This is a very powerful ritual that clears out bad energy around you in the room and inside your aura as well. You will see your health improve greatly as you clear out this bad energy and bring in good energy. This ritual involves saying the holy names of God and the four Archangels which will bring good energy into your aura and the room or space you are performing the ritual in. This ritual was designed by The Hermetic Order of the Golden Dawn and is a very powerful ritual. Do this daily!

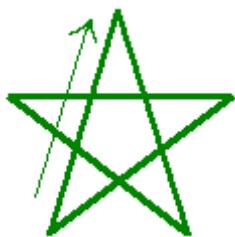
## The LBRP:

Face East and take right hand and pull down energy from the sky to your chest and vibrate **Ah-tah**. Take right hand and pull energy down from your chest to the ground and vibrate: **Mal-kooth**.

Touch right shoulder with right hand and vibrate: **V'Gay-boo-rah**.

Touch left shoulder with right hand and vibrate: **V'Gay-doo-lah**. Put hands in prayer and vibrate: **Lah-lom-Ah-men**.

Draw the Banishing Earth Pentagram in the East:



Then point the wand into the middle of the Pentagram and Say:

**Yode-hey-vavh-hey**.

Draw a line to the South and face South. Draw the Banishing Earth Pentagram in the South: (see above) then point the wand into the middle of the Pentagram and Say: **Ah-doe-nye**.

Draw a line to the West and face West. Draw the Banishing Earth Pentagram in the West: (see above) then point the wand into the middle of the Pentagram and Say: **Eh-hey-yaw**. Draw a line to the North and face North. Draw a Banishing Earth Pentagram in the North: (see above) then point the wand into the middle of the

Pentagram and Say: **Ah-glaw.**

Face East and with arms in a cross position say:

**“Before me Raphael**

**Behind me Gabriel**

**On my right side Michael**

**And on my left side Auriel.**

**For around me shines the Pentagram and within me shines the six-rayed star.”**

Face East and take right hand and pull down energy from the sky to your chest and vibrate **Ah-tah**. Take right hand and pull energy down from your chest to the ground and vibrate: **Mal-kooth**.

Touch right shoulder with right hand and vibrate: **V’Gay-boo-rah**

Touch left shoulder with right hand and vibrate: **V’Gay-doo-lah**. Put hands in prayer and vibrate: **Lah-lom-Ah-men**.

**End.**

1. The “LBRP” is from the Hermetic Order of the Golden Dawn

## V. Opening up your Clairvoyance

Clairvoyance is the ability to see spirits on the astral plane and inside your mind. Close your eyes and imagine a tree for example and the color and texture of the tree. This is where you will also see spirits and visions. Spirits reside on the astral plane so in order to see them you must go into a trance and look through your mind's eye to see them. The chakra for clairvoyance is called the third eye and is located in the middle of the forehead. Some people focus on this area to open up their psychic vision or clairvoyance and others just look through their mind's eye. The important thing is to let the images come quickly and don't try to understand them as this will only take you out of the trance mode and put you into your day to day beta wave brain mode of analyzing things and this will stop the images from coming. Use your other senses as well to validate that these images are coming from the astral plane and not your imagination.

## Clairvoyance Exercise

1. Go into your trance using your hand gesture **trigger trance** you learned in chapter II.
2. **Describe** out loud into a digital recorder what you are seeing, feeing, hearing and thinking. Start off with any detail you get and the visions will start to open up. Make sure you describe each different sensation-feeling, thinking, seeing and hearing.
3. **Question** the spirits on who they are and why they are there and describe back the answers out loud into your digital recorder.
4. **Test** the spirits for accuracy by drawing the pentagram for protection (right side up pentagram with first line going up.)

Remember practice makes perfect!

**End.**

## VI. Opening up your Clairaudience

Clairaudience is the ability to hear spirits on the astral plane and inside your mind. Close your eyes and imagine a forest for example and the sounds of the animals in the forest. This is where you will also hear spirits. Spirits reside on the astral plane so in order to hear them you must go into a trance and listen through your mind's eye to hear them. The important thing is to let the sounds and words come quickly and don't try to understand them as this will only take you out of the trance mode and put you into your day to day beta wave brain mode of analyzing things and this will stop the sounds and words from coming. Use your other senses as well to validate that these words and sounds are coming from the astral plane and not your imagination.

## Clairaudience Exercise

1. Go into your trance using your hand gesture **trigger trance** you learned in chapter II.
2. **Describe** out loud into a digital recorder what you are seeing, feeing, hearing and thinking. Start off with any detail you get and the visions will start to open up. Make sure you describe each different sensation-feeling, thinking, seeing and hearing.
3. **Question** the spirits on who they are and why they are there and describe back the answers out loud into your digital recorder.
4. **Test** the spirits for accuracy by drawing the pentagram for protection (right side up pentagram with first line going up.)

Remember practice makes perfect!

End.

## VII. Opening up your Clairsentience

Clairsentience is the ability to feel spirits on the astral plane and inside your body. Close your eyes and imagine a forest for example and the temperature of the forest. This is where you will also feel spirits. Spirits reside on the astral plane so in order to feel them you must go into a trance and feel them through your body. The chakra for clairsentience is called the stomach chakra and is located in the stomach area. Some people focus on this area to open up their psychic feeling or clairsentience and others just feel through their feeling senses. The important thing is to let the feelings come quickly and don't try to understand them as this will only take you out of the trance mode and put you into your day to day beta wave brain mode of analyzing things and this will stop the feelings from coming. Use your other senses as well to validate that these feelings are coming from the astral plane and not part of your imagination.

## Clairsentience Exercise

1. Go into your trance using your hand gesture **trigger trance** you learned in chapter II.
2. **Describe** out loud into a digital recorder what you are seeing, feeing, hearing and thinking. Start off with any detail you get and the visions will start to open up. Make sure you describe each different sensation-feeling, thinking, seeing and hearing.
3. **Question** the spirits on who they are and why they are there and describe back the answers out loud into your digital recorder.
4. **Test** the spirits for accuracy by drawing the pentagram for protection (right side up pentagram with first line going up.)

Remember practice makes perfect!

End.

## VIII. Opening up your Claircognance

Claircognance is the ability to know spirits on the astral plane and inside your mind. Close your eyes and imagine a forest for example and ask yourself what color is the forest and your answer is where you will also know spirits and psychic information. Spirits reside on the astral plane so in order to get information from them you must go into a trance and allow the information to flow. The chakra for claircognance is called the crown chakra and is located at the top of your head. Some people focus on this area to open up their psychic knowing or claircognance and others just focus on what thoughts are coming through. The important thing is to let the information come quickly and don't try to understand it as this will only take you out of the trance mode and put you into your day to day beta wave brain mode of analyzing things and this will stop the information from coming. Use your other senses as well to validate that this information is coming from the astral plane and not your

imagination.

## Claircognance Exercise

1. Go into your trance using your hand gesture **trigger trance** you learned in chapter II.
2. **Describe** out loud into a digital recorder what you are seeing, feeing, hearing and thinking. Start off with any detail you get and the visions will start to open up. Make sure you describe each different sensation-feeling, thinking, seeing and hearing.
3. **Question** the spirits on who they are and why they are there and describe back the answers out loud into your digital recorder.
4. **Test** the spirits for accuracy by drawing the pentagram for protection (right side up pentagram with first line going up.) Remember practice makes perfect! End.

## IX. Opening up your Psychometry

Psychometry is the psychic gift of holding an object and getting information from it about its owner. You will be using your clairsentience (psychic feeling) for this, your psychic seeing (clairvoyance) and your psychic knowing (claircognizance). The important thing is to let the feelings, images and thoughts to come quickly and don't try to understand it as this will only take you out of the trance mode and put you into your day to day beta wave brain mode of analyzing things and this will stop the images etc. from coming. Use your other senses as well to validate that this information is coming from the astral plane and not your imagination.

### **Psychometry Exercise** (practice makes perfect!)

1. Hold an object in your hand and close your eyes.
2. Describe into a recorder what you feel, see and think 3.

Ask questions and describe out loud your answers. End

## X. Opening up your Remote Viewing

Remote viewing is the ability to see places and locations from a distance. Close your eyes and imagine a specific place for example and every detail of the place. This is where you will also see your remote viewing. In order to do remote viewing you must go into a trance and look through your mind's eye to see the places. The chakra for remote viewing is called the third eye and is located in the middle of the forehead. Some people focus on this area to open up their psychic vision or clairvoyance and others just look through their mind's eye. The important thing is to let the images come quickly and don't try to understand them as this will only take you out of the trance mode and put you into your day to day beta wave brain mode of analyzing things and this will stop the images from coming. Use your other senses as well to validate that these images are coming from the location and not your imagination.

## Remote Viewing Exercise

1. Go into your trance using your hand gesture **trigger trance** you learned in chapter II.
2. **Describe** out loud into a digital recorder what you are seeing, feeing, hearing and thinking. Start off with any detail you get and the visions will start to open up. Make sure you describe each different sensation-feeling, thinking, seeing and hearing of the location.
3. Ask **Question** about the location and describe back the answers out loud into your digital recorder.
4. Call the person at the location to verify your results.

Remember practice makes perfect!

End.

## XI. How to Give a Psychic Reading

### How to give a Psychic Reading Exercise

1. Go into your trance using your hand gesture **trigger trance** you learned in chapter II.
2. **Describe** out loud into a digital recorder what you are seeing, feeing, hearing and thinking. Start off with any detail you get and the visions etc. will start to open up. Make sure you describe each different sensation-feeling, thinking, seeing and hearing.
3. Ask **Question** and describe back the answers out loud into your digital recorder.

Remember practice makes perfect!

Tell the client what you are getting saying "I am getting this" instead of saying "does this sound right?" Be confident in what you are getting as it may apply to their life in the near future instead of right at that time. End.

## **XII. Psychic Shielding and Protection**

Psychic shielding is a form of protection and it's very easy to do. The other form of protection is to draw the pentagram or visualize it with the point going up to the sky. So draw the first line going up and then finish it or visualize it that way. This will immediately clear away negative energy from spirits or people right away. Psychic shielding is about forming a layering of white light around you. Visualize the white light and make it very thick as well as add plate of metal or whatever you want to protect yourself. Visualize the strongest layering to protect yourself in any situation where you threatened.

End.

### **XIII. How to Heal with your Psychic Gifts**

Healing with your psychic gifts is a very easy thing but the secret is to be able to strengthen your energy through focusing it and practicing on developing your concentration.

#### **Healing Exercise**

1. Place your hands about an inch above the persons place on their body that needs to be healed

2. Hold your hands there and make sure you feel their energy and then slowly move your hands back away from the area but make sure you keep feeling the energy

You don't need to focus on anything but just feeling their energy.

3. When you feel the energy pulling back then stop the healing and you are all done.

Practice makes perfect!

End.

## XIV. How to See an Aura

Seeing an Aura is powerful way to see someone's energy as well as to see if they have any health or emotional problems.

1. Sit or stand in front of the person.
2. Now pretend there is a marking on the wall behind them where the middle of their back would be.
3. Stare at the marking on the wall as if you are looking through the person's body and you will be able to see the soft glow around them. You may also see or feel a color which will give you information about what they need emotional or health wise. Use your psychic abilities to get meanings from what you see.

End.

## **XV. How to Appear Invisible**

Appearing invisible to others around you can help when you want to get noticed but also remember that you have to be careful as when you cross the street others will also not notice you then as well so be careful when using this procedure.

### **Invisibility Exercise**

1. Close your eyes and go into a trigger trance
2. Visualize a powerful dark colored wallpaper energy field wrapping itself around you until you are invisible to others. Hold this image for a few minutes.
3. Now go about your business. To remove it go into a trance and “unwind” this energy field.

End.

## XVI. How to Stand out in a Crowd

This exercise will help you get noticed wherever you go but also remember that just by doing your daily LBRP and working with energy that your aura will get bigger so others will easily notice you more and more as well.

### **Standing out in a Crowd Exercise**

1. Close your eyes and go into a trigger trance
2. Visualize a powerful white or yellow colored wallpaper energy field wrapping itself around you until you are standing out to others. Hold this image for a few minutes.
3. Now go about your business. To remove it go into a trance and “unwind” this energy field.

End.

## XVII. Dreams and Visions

Dreams and visions can tell you a lot about your life and what the Source or spirit world wants you to know about your life as well. Dreams are when you sleep and visions are when you are awake. An easy way to summons a dream or vision with information is to summons a spirit that is in charge of giving you dreams when you sleep or information. My latest book **“How to Communicate with Spirits”** will give you a list of all the spirits you can summons for particular requests as well as a simple ritual to summons and communicate with them instantly as this will allow for dreams and visions in the day time as well.

**Go to [www.Kuriakos.biz](http://www.Kuriakos.biz)**

## XVIII. How to do Telepathy

Telepathy is being able to read someone's mind. The secret to telepathy is to use your psychic feeling.

### Telepathy Exercise

1. Decide on who you want to read telepathically
2. Look closely at this person and see how they walk and hold their body positions.
3. Ask yourself questions and see how you feel as the answer. Do they hold secrets? Are they a giver or taker in life? Are they a slow person with low energy or a faster person with high energy?

In time with practice you won't need to ask questions anymore but will be able to easily feel this person's energy and start to read what they are feeling or thinking about.

Practice makes perfect! End.

## **XIX. How to do Channeling**

Channeling is the technique where a person allows a spirit to use their body and speak through them a message for others around them to hear and see.

Channeling is really magickal invocation and so you are inviting or invoking a spirit inside of you to communicate through you. This can be dangerous and I feel it's best to use evocation where you call a spirit outside of you instead. If you still want to do this then go to the invocation part of this book and follow the information there.

End.

## XX. Evocation

Evocation is the act of calling upon a spirit to appear outside of the circle you are standing in instead of invocation which means to call a spirit inside of you. Many Magick books have been written about it from the Medieval Era and have made it very difficult to understand as well as almost impossible to see visible results from seeing the spirit or from getting your request answered. I have taken all the essential elements of evocation and have broken them down to the bare essentials one needs to call upon a spirit with success. I also have summoned thousands of spirits to visible appearance and have designed simple evocation rituals for anyone to do the same. My simple yet effective rituals keep the Magician in the trance state the whole time as to allow for very successful spirit communication. Here is a small list of some of the evocation books I have written with these effective rituals in each one of them.

### Angel Magick

**Aztec and Mayan Magick**

**Celtic Magick**

**Egyptian Magick**

**Greek and Roman Magick**

**Luciferian Magick**

**Voodoo Magick**

**The Enochian Angel's Ritual Book**

**The Schemhamephorash Angels**

**Magickal Evocation Rituals (a few of each of them)**

**And many more...at [www.Kuriakos.biz](http://www.Kuriakos.biz)**

**Buy "How to Communicate with Spirits" to try out  
summoning different spirits then buy other books of  
mine to quickly advance your abilities. Go to**

**[www.Kuriakos.biz](http://www.Kuriakos.biz)**

## XXI. Invocation

In invocation you are using the same spirits as evocation except instead of calling them outside of your circle you are calling them to appear inside of you and take up your energy field where they can heavily influence you. This is very dangerous and one of the few warnings I ever give in Magick as I feel everyone needs to find out for themselves what is best except with invocation which should never be practiced because you can use evocation to communicate easily with spirits without all the dangers as in invocation. If you still want to do this then buy my book **“How to Communicate with Spirits”** or **“Magickal Evocation Rituals”** for a list of spirits to invoke.

End.

## **XXII. How to do Automatic Writing**

Automatic writing is used to get information from a spirit or the source of spirits.

### **Automatic Writing Exercise**

1. Get a pen and paper out.
2. Visualize a meadow and feel, see, hear and know the entire scene.
3. Now visualize yourself walking up to a tree in the meadow and a spirit coming around the tree and see what that spirit looks like.
4. Ask this spirit questions you want to know and write down answers as they come to you through your psychic feeling, knowing, seeing or hearing.

End.

## **XXIII. Low Magick**

Low Magick simply means that a woman or a witch will cast a spell and not call upon a spirit in their Magick spell. Low Magick came from the witches living on the low lands far below the castles as they could not afford to live up on the hills. They used the land or stones, plants, oils, perfumes, metals and earth related items to do their spells. Low Magick is really based on the concept that 'if you believe it you can achieve it'. By mixing all the ingredients it allows one to focus on their request and this allows one to believe that they can achieve it.

## XXIV. High Magick

High Magick simply means that the Magician is calling upon spirits in their Magick rituals. High Magick is called high Magick because in the Medieval Times the rich high society Magicians that worked for the King or Queen would be high up in the castle doing Magick. Their Magick was about drawing a rope circle around them and summoning a spirit for more money, better health, increased psychic abilities or any other things they wanted. This was simple and yet very effective Magick and did not involve oils, spells, herbs, stones and all the items that the “common” people used down on the low lands (called low Magick) or where the witches and average people lived. Men mostly do High Magick and women or witches do the low Magick. High Magick Magicians do rituals and low Magick witches do spells.

## XXV. The Fitchel Wand

It's best to use a real Magicians wand as this allows you to get a good feel for what a real wand feels like and gives you confidence in its use. The Fitchel wand is made from Fitchel (fee-shell) family that has been making wands since the Medieval Times. They used this alias name Fitchel which means "acorn" and could easily identify people connected to the Magick world by seeing an acorn symbol on them as a necklace or piece of jewelry. This symbol allowed people to avoid being persecuted by the Catholic Church as they would only talk to you about Magick if you had the acorn symbol on your person. The Fitchel wand represents the four elements of air, water, fire and earth. Spirit is the fifth part of the wand once a person buys it and uses it. The wands are hand made and begun on a full moon with three different kinds of wood from different trees and are finished on a full moon. The wands start at \$50 for a 12 inch which includes the velvet case and certificate and the 15 inch wand is \$70 with the

velvet case and certificate. Go to the site for more information on this as well.

Using a wand in Magick is essentially just a focus point of your will. By having a wand in your hand it allows you to focus your energy from your body into your wand and out the wand to wherever you want to send the energy to. Use the wand every day when you do your LBRP and you will build up your energy with your wand and be able to do Magick more effectively. Do not let anyone touch your wand as you want to only keep your energy on your wand at all times. Practice makes perfect and in time you will be a true Magician!

## XXVI. Joining a Magick Group

You can work solo or join a group. I think it's best to work solo but then also join a group for a weekly get together. The best ways to work in a group is to get together and use the group energy to improve your ability. Have the group sit in a circle and have one person lead everyone into a ten minute group meditation. Then pick one person to get a psychic reading and have anyone raise their hand in the circle and say what they get about that person. Also do a spirit circle where everyone raises their hand and says what spirits they see in the room. The group energy is very powerful and you will feel the group energy in this and it will open up your psychic abilities fast! To join a group for free go to [www.Meetup.com](http://www.Meetup.com) and type in "magick" or "psychic" or any other words you want pertaining to this field.

## **XXVII. What it Takes to be a Great Magician**

The Latest scientific research now proves that any person that is really great at something has practiced every day for seven years on average. This includes singers, writers, dancers and yes Magicians too! Most people do something once or twice and give up. A few people go on and do it for five years and then give up and one person will go on and do it daily for decades and will be really great at it! Most people then see that one person who is great in their field and say to them that they are lucky when in reality they never saw the daily practice that they did on average for seven years. The researched showed that they not only must do it daily but they must also be persistent on success and try to improve their results constantly. So you have the power to be great at anything you want. It all depends on what you are willing to do every day persistently for seven years. So if you want to be a great Magician then practice every day.

My recommendations are:

1. Do the LBRP daily!! I can't stress this enough!
2. Do an Evocation of a spirit every couple of days. Daily if you want to really speed up your abilities! (Use my book called "Magickal Evocation Rituals" as it has 50 beneficial spirits from every ancient civilization to summons and a very simple yet super powerful ritual to summons them. (Go to [www.Kuriakos.biz](http://www.Kuriakos.biz))
3. Write down your rituals and results in a Book of Shadows. (There is a Book of Shadows at the end of "Magickal Evocation Rituals" as well to record your rituals and results).

Do these three things daily and you will be an amazing Magician!

## XXVIII. The Book of Shadows

The Book of Shadows is a place where you write down all of your Magick rituals and results. It is the most important thing in Magick to do. What may seem boring at first will be awe inspiring later when you go back to read what you wrote. Writing down your ritual and results will increase your Magick ability and results ten thousand times faster then not writing them down as you will be able to see where you are making errors and correct them. Remember Magick is an art **AND** a science so you will need to have a structured and written down way of doing your ritual (the science part) then you will change it a bit (the art part) to see what gives you the best results to get more money, better health, increased psychic abilities and many more things. All of the worlds greatest Magick was found from Magicians Book of Shadows of their notes. Most of these books were written in the Medieval Times and thankfully they wrote their rituals and results down in their Book of Shadows or we

would not have the knowledge we have now to progress in Magick so quickly.

I have written over 20 Magickal Ritual books designed for anyone to easily and quickly progress in their Magick from beginner to advanced. If you bought every one of my books and completed each book you would be one of the most powerful Magicians in the quickest amount of time able to psychically read people by just seeing them on the street as well as have amazing amounts of more money, better health, amazing psychic abilities and just about everything you could ask for in life. I have practiced Magick over 20 years and due to my intense dedication and focus I have been able to increase the power of my psychic abilities so strongly that I am able to hear spirits talk to me in my ear now, give me information, see them visibly, feel them and have used the knowledge they have given to me to improve my life dramatically. You can have this awesome power as well

by buying my books that have been given to me by spirit.  
I am eternally grateful and appreciate to the spirit world.

**Go to [www.Kuriakos.biz](http://www.Kuriakos.biz) to purchase more of my books.**

Thank you and Blessings.

Kuriakos

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